



Casper Soccer Club COVID-19 Recommendations*

Please refer to the Wyoming Soccer Association ([WSA COVID-19 POLICY](#))

What do I do if my player tests positive for Covid-19? Contact your team coach and inform them of the positive test result. The team coach will alert the DOC. The DOC will then communicate a message to the team that someone has tested positive (name will not be disclosed) and will encourage everyone to monitor symptoms and get tested as recommended by the [Health Department](#).

Next step is to follow the isolation/quarantine recommendations of the CDC and the NCHD.

(Sources: <https://casperpublichealth.org/covid-19/> www.caspervcovid.com)

Can players on the team continue to train/play if a player/coach on their team has tested positive for COVID-19? Yes, monitor for any symptoms. If symptoms develop, isolate immediately and get tested as recommended. Follow the recommendations of the Health Department. ([Click here for information](#))

Can a Coach still coach if they have been exposed and is fully vaccinated?

Yes. If the coach remains symptom free, they can continue normal activities. Follow the recommendations of the Health Department and plan to take a PCR test five days following your exposure. Mask indoors for 14 days following the exposure and continue to monitor for symptoms. If you become symptomatic at any time, stay home. (Source: www.caspervcovid.com)

How do I get tested? Schedule your test at www.caspervcovid.com or call 307-577-9892, or just drive up-whatever is best for you. Casper-Natrona County Health Department, 475 S Spruce St, Casper. Test is free and available 8:30am-4:00pm Monday-Friday with or without an appointment.

What are Covid-19 Symptoms? Fever or feeling feverish (such as chills, sweating), cough, mild or moderate difficulty breathing, sore throat, muscle aches or body aches, vomiting or diarrhea, new loss of taste or smell, congestion or runny nose, and other symptoms. (Source: www.caspervcovid.com)

What is Close contact? Close Contact through [Proximity and Duration of Exposure](#): Someone who was within [6 feet of an infected person](#) (laboratory-confirmed or a [clinically compatible illness](#)) for a cumulative total of 15 minutes or more over a 24-hour period (for example, *three individual 5-minute exposures for a total of 15 minutes*). An infected person can spread SARS-CoV-2 starting from 2 days before they have any symptoms (or, for asymptomatic patients, 2 days before the positive specimen collection date), until they meet criteria for [discontinuing home isolation](#). (Source: CDC.gov)

*Recommendations are subject to change to remain in compliance with the Casper Natrona County Health Department regulations and guidelines.